

## EAN Leadership Programme 2023

Become a Certified Leader of European Neurology

## Curriculum



## Onsite workshops

All onsite workshops will take place one day prior to the EAN congresses.

#### **Budapest 2023**

Friday, 30 June 2023 11:00-18:00

#### Helsinki 2024

Friday, 28 June 2024 11:00-18:00

#### Sevilla 2025

Friday, 20 June 2025 11:00-18:00

#### **Kick-off and introduction**

What is leadership? Why leadership?

In this session, all participants and trainers will get to know each other, talk about expectations and define their individual learning goals.

#### First big round of evaluation

How was the first year?

We will have an open discussion to get insights on the first year and find out what the participants need for the second year (including presentation training and individual coaching).

#### Final evaluation

Final presentations and certificates

Where do I stand now? What is up next? How can I use this for my future leadership development?

## Online modules



## Leadership role – me as a leader

Saturday, 23 September 2023 09:00-17:00

Trainer: Katharina Mitterbauer

#### \*ASK THE BOARD: Elena Moro

- Leadership styles situational leadership – leadership vs. management
- Understanding my role as a leader
- Reflection on my personal idea of what leadership is (personal history and experiences about leadership)
- Use of the DISC model

#### Leading myself

Saturday, 11 November 2023 09:00-17:00

Trainer: Norbert Kern

- \*ASK THE BOARD: Matilde Leonardi
- Focus levels: purpose, principles, visions, goals
- Mindset and my personal comfort zone
- Self-management, work-flow management



## Leading individuals

Saturday, 20 January 2024 09:00-17:00

Trainer: Katharina Mitterbauer

- ★ASK THE BOARD: Thomas Berger
- Leading towards performance (qualification, motivation, permission)
- Difficult one-to-one conversations: communication models, feedback (praise and criticism), active listening, questioning techniques...
- Annual Employee Appraisal
  Employee Development
  Cycle



## Online modules



# Meet the neurologists

Saturday, 2 March 2024 09:00-17:00

- General advocacy for neurology Wolfgang Grisold
- Policy development, transfer of scientific knowlegde and building public health strategies with relevant national and international stakeholders. Strategies for receiving funding, getting to know funding possibilities and the importance of knowing what to do when loosing a grant Matilde Leonardi
- Project Management: from idea to implementation (input on project management & case work)

Katharina Mitterbauer

#### Leading teams

Saturday, 25 May 2024 09:00-17:00 Trainer: Norbert Kern

- Some basics of group dynamics
- Team phases & how to analyse a team
- Handling of interdisciplinary teams
- Moderation how to manage group processes

#### Conflict management

Saturday, 14 September 2024 09:00-17:00

Trainer: Norbert Kern

- **★**ASK THE BOARD: Irena Rektorova
- Different conflict types: how do I handle conflict?
- Problem solving strategies & dealing with emotions
- Harvard Model of Conflict Solving
- Moderation of conflict situations in groups



## Online modules



# Meet the neurologists

Saturday, 16 November 2024 09:00-17:00

 Sustainability and climate change effects on neurology

**Ulf Kallweit** 

• Equality, Diversity and Inclusion Management

Elena Moro

Press and media: how to do interviews, how to speak with press and media, how to present key messages

Irena Rektorova

# Leading in times of constant change

Saturday, 25 January 2025 09:00-17:00

Trainer: Katharina Mitterbauer

- \*ASK THE BOARD: Paul Boon
- Basic Change Management
- Agile Management Methods

# Meet the neurologists

Saturday, 1 March 2025 09:00-17:00

• Implementation for a European audience (local legal and regulatory framework): European procedures in European health organizations, relevant European law and regulations regarding medicine

Walter Struhal

- Identifying resourcesWalter Struhal
- How to speak support collaborate with lay persons and patient advocates, how to network with stakeholders and multidisciplinary organisations for policy development for neurology and public health

Matilde Leonard







#### Final module

Saturday, 10 May 2025 09:00-17:00 Trainer: Katharina Mitterbauer

- Presentation training and individual coaching
- Preparations for the final onsite workshop

Now you are a

Certified Leader of European Neurology (CLEN)

